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Generation Y: Lifestyles and Mobility Choices of Millennials in California, and the Motivations behind Them

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Generation Y: Lifestyles and Mobility Choices of Millennials in California, and the Motivations behind Them

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Mobility of Millennials in California

Interest in better understanding the relationships among *residential location*, *lifestyles*, *adoption of technology* and *mobility-related choices* of young adults, and in particular:

- The relationships among millennials' attitudes/ lifestyles and actual behaviors (*do they behave differently from other generations?*)







Mobility of Millennials in California

- Impact of *classical* (economic and non-economic) variables vs. *specific factors affecting the choices of millennials* (e.g. personal attitudes, adoption of technology, etc.)
- Their *aspirations for/opinions about life and future mobility* (e.g. major life changes, purchase and use of cars vs. use of other modes)





3



We live in a time of change: VMT...

Trends in Vehicle Miles Traveled (VMT) are changing:



Not only in the United States, but in other countries as well:



Figure 5. Evolution of car kilometres per trip-maker and day (driver and passenger) by travellers aged 20–29 (authors' analysis; for data sources, see Appendix 1).

(1) Federal Highway Administration (FHWA), Feb 2014(2) Kuhnimhof et al., 2013

(2)



We live in a time of change: VMT (2)

Moving 12-Month Total VMT on all US Highways





"Millennials" (or "Generation Y")

- Rapidly changing trends in:
 - Household size
 - Educational attainment
 - Economic influence / consumption
- Very *active segment* of the population
- Increasing economic power (and *still climbing the income ladder*)
- "Diverse, Expressive and Optimistic"





"Millennials" (or "Generation Y")

- Millennials often described as heavy adopters of technology and social media
- Less dependent on cars, and adaptable to the *sharing economy*
- Often prefer urban locations and social lifestyles (at least in some regions)
- The focus is mainly on *urban population*...





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Potential Factors Affecting the Mobility of Millennials

Economic • Recession • Unemployment	<u>Auto Costs</u> • Gasoline • Auto insurance • Driver's education • Auto repairs	<u>Technology</u> Communication technology Transportation technology 	<u>Demographic</u> <u>Change</u> • Delayed marriage • Fewer children • Boomerang
Residential	Other fees Cultural	(Über) <u>Regulatory Changes</u>	Alternative Modes
Location	Environmentalists	Graduated	Better transit
 More likely to move to and live in cities 	Less materialistic Less materialistic How can I How can I help the environment ?	 Driver's Licensing Texting while driving laws 	 Improved infrastructure for walking/biking



Common Limitations of Previous Studies

Lack of information on key variables:

• e.g. *personal attitudes and preferences* for studies based on the analysis of National Household Travel Survey data

Use of non-random samples:

• e.g. *convenience samples* for studies on university students

California Millennial Study

- Statewide study in California
- Design of a detailed survey to collect information from millennials
- Survey distributed through multiple channels, including an opinion panel to build a sample representative of California's population
- Sample includes Millennials and Generation X







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Survey Content

Focus on:

- A. Individual Attitudes and Preferences (general, environmental, technology, lifestyles, etc.)
- B. Online Social Media and Adoption of Technology
- C. Residential Location and Living Arrangements
- D. Employment and Work/Study Activities
- E. Transportation Mode Perceptions
- F. Current Travel Behavior
- G. Emerging Transp. Services (e.g. car-sharing, Uber, Lyft, etc.)
- H. Driver's License and Vehicle Ownership
- I. Previous Travel Behavior and Residential Location
- J. Aspirations for/Opinions about Future Mobility
- K. Sociodemographic Traits



Individual Attitudes and Preferences



Section A: Your Opinions on Various Topics

To begin, we'd like to learn more about your opinions on <u>various issues related to transportation</u>, <u>residential location</u> and <u>lifestyles</u>. This will give us a more complete context for understanding your answers to later questions. We want your honest opinion on each statement contained in the next three tables (or your best guess, for topics you are not very familiar with) – **there are no** *"right"* or *"wrong"* answers in this survey!

Please choose the response that most closely fits your reaction to each of the following statements.

(1 of 3) Your opinions and preferences about personal lifestyles and residential location

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
I prefer to live close to transit, even if it means I'll have a smaller home and live in a more crowded area.	•	•	0	۲	0
Getting regular exercise is very important to me.	•	\odot	0	0	•
I like sticking to a routine.	•	0	•		•
I prefer to live in a spacious home, even if it is farther from public transportation and most destinations.	0	•	0	•	0
Individuals should generally put the needs of the group ahead of their own.	0	•	0	۲	•
Doing two or more activities at the same time is the most efficient way to use my time.	0	•	0	•	0
I like the idea of having different types of businesses (such as stores, offices, post office, bank, library) mixed in with the homes in my neighborhood.	•	0	•	0	•
The importance of exercise is overrated					



What is the Impact of Emerging Technologies?

- Smartphones (GPS, access to more info)
- Integrated ride-sharing / mobility
- Increasing opportunities to multitask
- Lower levels of car-ownership
- Extend range of public transportationmobility





Car Ownership vs. Shared Mobility

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Car Ownership vs. Shared Mobility



Section G: Emerging Transportation Services

We are interested in your familiarity with and usage of the following transportation programs. Please check the single most appropriate answer for each program below:

	I have never heard of it	I have heard of it but I've never used it.	l use it when traveling away from home	I use it in my hometown/city	I use it in my hometown/city AND when traveling away from home
Carsharing (e.g. Zipcar, City CarShare)	0	•	\odot	\odot	•
Peer-to-peer carsharing (e.g. Relay Rides, FlightCar)	0	0	\odot	\odot	•
Ridesharing (e.g. Uber, Lyft)	0	•	0	0	0
Bikesharing (e.g. Bay Area bike share)	0	\odot	\odot	0	0

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California Millennial Dataset



+210 Rural (All California)

Sample representative of California population for:

- Age
- Gender
- Income
- Race and Ethnicity
- Presence of Children (Y/N)

1400 Millennials 1000 "Gen Xers"

N = 2400 Total sample size



• The dataset is designed to address a number of research questions, for example...



What are the relationships among travel behavior, personal preferences, adoption of technology and residential location of millennials?

Estimation of frequency models for the use of various means of travel, segmented respectively for millennials and Gen Xers.

- What are the main factors affecting the adoption of modes alternative to cars?
- What is the impact of the adoption of *on-demand ride services* (Uber/Lyft) on the use of other modes?
- What is the impact of living arrangements vs. personal preferences?

What is the impact of millennials' level of education, income and geographic location?



Are the dominant trends of millennials' travel permanent or temporary (e.g. effect of a transition in life stages)?

Estimation of a VMT model, which controls for sociodemographics, personal attitudes, lifestyles, and geographic location.

- What is the impact of stage of life (e.g. being married, presence of children) on the travel behavior of millennials?
- What is the impact of personal attitudes and preferences?
- How does the place where somebody grew up affect travel behavior?
- What is the impact of major life events (new job, relocation to city, moving out of parents' place, moving in with partner, etc.)?

Not possible to fully analyze these issues using NHTS, or other currently available travel survey data.



How many millennials match the stereotype of *urbanite/socialite* common in the media?

Cluster analysis to analyze different profiles of people (socialite/urbanite vs. others)

Stereotype common in the media:

- Live in urban areas
- Have dynamic lifestyles
- Heavy users of social media
- Own zero (or few) cars
- Use public transportation
- Adopt new technologies



How many millennials vs. members of older generation fit in this profile?





Structural Equations Model that explores relationships among attitudes and preferences, residential location, travel behavior, and future aspirations for mobility, etc.



Policy Implications, and Next Steps

- Importance of understanding how millennials make *key decisions* about residential location and mobility:
 - Motivations behind the observed trends
 - Relationships among personal attitudes/lifestyles, activity participation, adoption of technology and mobility choices
 - Expected duration of effects (*permanent* vs. *temporary* changes in mobility)
- Insights into the *potential response of millennials to policies*, e.g. economic incentives vs. promotion of environmental-friendly choices
- Plan to extend the study to other U.S. States (Georgia, Vermont, in next stage of the research), and to international comparisons



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Thank you for your attention!



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